

Smoothies

MANGO MANIA (pineapple, banana, mango)	R30
LEMON LAMBADA (lemon, pineapple, frozen yoghurt)	R30
STRAWBERRY SMILE (strawberry, banana, frozen yoghurt)	R30
BERRY BLUSH (raspberry, strawberry, blackberry, banana, honey, frozen yoghurt)	R30
BLUEBERRY BLAST (blueberry, lemon, pineapple, frozen yoghurt)	R30
SUPER GREEN (pineapple, banana, apple, spirulina blend)	R30

Layered Cocktails

FRUIT COCKTAIL (Mango, Strawberry, Banana, Grape)	R30
CAPE FRUIT COCKTAIL (Strawberry, Banana, Avocado)	R30
LAYERS (Mango, Strawberry, Avocado)	R30
TROPICAL COCKTAIL (Mix Fruit, Mango, Strawberry, Ice Cream)	R30
EXOTIC COCKTAIL (4 Mix Fruit, Ice Cream, Nuts)	R30
SUMMER BREEZE (Mango, Lemon, Mint, Ginger)	R30
STRAWBERRY & CREAM COCKTAIL	R30

Fresh Squeezed Juices

ORANGE	R30
CARROT	R30
APPLE	R30

Milkshakes/Lassi

CHOCOLATE MILKSHAKE	R30
STRAWBERRY MILKSHAKE	R30
BANANA MILKSHAKE	R30
CREAM SODA MILKSHAKE	R30
AVO SHAKE	R30
OREO SHAKE	R30
LASSI, MANGO LASSI	R30

Hot Beverages

FRESHLY GROUND COFFEE	R14
CAPPICINO	R14
HOT CHOCOLATE	R14
CHOCOCHINO	R14
NESCAFE COFFEE	R11
TEA / ROOIBOS	R11
MASALA TEA	R14

Desserts

MALVA PUDDING (with ice cream)	R40
STICKY TOFFEE (with ice cream)	R40

Catering Menu

R270 Platter for
5 items per person | 20 samoosas, 10 moons, 10 cocktail dhattjies & 10 cocktail tortillas

R270 Platter for 10
10 cocktail sausage rolls, 10 mixed samoosas, 10 pies & 10 cocktail tortillas

R343 Platter for 10
6 items per person | 20 mixed samoosas, 10 moons, 10 cocktail dhattjies, 10 cocktail tortillas & 10 pies

R390 Platter for 10
6 items per person | 20 samoosas, 10 moons, 10 cocktail dhattjies, 10 cocktail tortillas & 10 drumsticks

R390 Platter for 10
4 sandwiches, 20 mixed samoosas, 10 drumsticks & 10 cocktail sausage rolls

R390 Sandwich Platter for 10
chicken & mayo, polony & salad, cheese & spicy beef, cheese & vienna, egg & mayo, egg & vienna & tuna & mayo

R490 Platter for 10
5 items per person | 20 drumsticks, 10 vienna strip & 10 meatballs

Popular Meals: only R55

SALOMIES (steak, chicken, mince, mix)
CURRY & RICE (steak, chicken)
STEAK DECODER (toasted steak, egg, cheese & chips)
CHICKEN BURGER DECODER
BURGER DECODER
MEDIUM VIENNAS & CHIPS PARCEL (4 Viennas)

Breakfast Platters served all day

served with chips, salad & toast

EARLY BIRD - 2 EGGS with Vienna or polony or spice beef & coffee	R40- 00
BREAKFAST PLATTER 1 sausage, Vienna, polony & egg	R60- 00
BOEREWORS PLATTER 2 pieces sausage & egg	R60- 00
STEAK PLATTER tender steak, egg & braised onion	R60- 00
CHICKEN/CHEESE OMELETTE	R50- 00
INDIAN OMELETTE	R33- 00

Banting

STEAK, EGG & CHEESE	R50- 00
CHICKEN FILLET, EGG & CHEESE	R50- 00

Mariam's Kitchen

FOOD EMPORIUM

31 HEERENGRACHT FORESHORE
(NEXT TO THE PARKINN HOTEL, OPPOSITE BURGER KING)
TEL: 021 421 3636
OPEN FROM 7:00AM TO 5:30PM
SATURDAY FROM 8:00AM TO 4:00PM



Jump The Queue
Place Your Order On Line
www.mariamskitchen.co.za
Complaints or Compliments
info@mariamskitchen.co.za
WE ALSO CATER FOR FUNCTIONS

Deliciously Prepared Meals

HOT CHIPS (Peri or BBQ)	R25-00
CHIP ROLL (with plain or peri chips & salad)	R28-00
POLONY CHIP ROLL (with plain or peri chips & salad)	R33-00
HOT DOG (single) (with plain or peri chips & salad)	R33-00
HOT DOG (double) (with plain or peri chips & salad)	R39-00
RUSSIAN ROLL (with plain or peri chips & salad)	R35-00
BOEREWORS ROLL (with chips, braised onions & salad)	R45-00
BOEREWORS ROLL (with braised onions & salad)	R35-00

Vienna & Chips Parcels

SMALL (2 VIENNAS)	R45-00
MEDIUM (4 VIENNAS)	R55-00
LARGE (6 VIENNAS)	R69-00

Gatsby served with plain or peri chips tomato sauce & salad

	HALF	FULL
POLONY	R65-00	R120-00
RUSSIAN	R65-00	R120-00
VIENNA	R65-00	R120-00
VIENNA & POLONY (Mix GATSBY)	R75-00	R140-00
CHICKEN (with mayo)	R95-00	R150-00
BOEREWORS (with braised onion)	R95-00	R150-00
CURRY (with with onion salads)	R95-00	R150-00
STEAK (braised onion)	R95-00	R150-00
STEAK (1/2 with 2 eggs) (full with 4 eggs)	R105-00	R170-00
STEAK (1/2 with 2 cheese) (full with 4 cheese)	R105-00	R170-00
STEAK (1/2 with 2 eggs & 2 cheese) (full with 4 eggs & 4 cheese)	R115-00	R190-00

Pitas/Pasta Plain or Spicy

STEAK (with chips salads & braised onion)	R50-00
CHICKEN (with chips salads & mayo)	R45-00
CHICKEN PASTA	R55-00

Tramezzini Plain or Spicy

STEAK with salads	R50-00
CHICKEN with salads	R45-00

Wraps Plain or Spicy

STEAK with salads	R45-00
CHICKEN with salads	R45-00

MEAT / VEG

TOASTED CURRY (steak or chicken) - with onion salads	R35-00
TOASTED VEG CURRY SANDWICH - with chips & salads	R30-00
TOASTED SPICED BEEF - with salads	R33-00
TOASTED TUNA - & MAYONNAISE - with salads	R35-00
TOASTED LIVER with salads & braised onion	R35-00
TOASTED LIVER with chips salad & braised onion	R45-00
TOASTED MINI STEAK - with chips, salads, b onion & t/m sauce	R45-00
VEG BURGER (2 pattis) with chips & salads	R45-00

Sandwiches toasted or plain on white, brown or wholewheat bread wholewheat seeded roll

Steak Plain or Masala with salads & braised onion	
TOASTED STEAK & CHIPS	R45-00
TOASTED STEAK & EGG	R45-00
TOASTED STEAK & CHEESE	R45-00
TOASTED STEAK, EGG & CHIPS	R50-00
TOASTED STEAK, EGG & CHEESE	R50-00
TOASTED STEAK, CHIPS & CHEESE	R50-00
TOASTED STEAK & CHIPS (Hawaiin)(with pineapple)	R50-00
TOASTED STEAK, CHIPS, EGG & CHEESE (Decoder)	R55-00

Chicken Plain or Spicy with mayo & salads

TOASTED CHICKEN & MAYO	R33-00
TOASTED CHICKEN & CHIPS	R38-00
TOASTED CHICKEN & CHEESE	R38-00
TOASTED CHICKEN, CHIPS & CHEESE	R43-00
TOASTED CHICKEN, CHEESE, EGG & CHIPS	R48-00

Cheese With salads

TOASTED CHEESE & TOMATO (Or Salads)	R20-00
TOASTED CHEESE & CHIPS	R25-00
TOASTED CHEESE & EGG	R25-00
TOASTED CHEESE & VIENNA	R25-00
TOASTED CHEESE & POLONY	R25-00
TOASTED CHEESE & SPICE BEEF	R28-00
TOASTED CHEESE, EGG & POLONY	R30-00
TOASTED CHEESE, EGG & POLONY	R30-00
TOASTED CHEESE, EGG & SPICE BEEF	R33-00

Egg With salads

TOASTED EGG & TOMATO (or salads)	R20-00
TOASTED EGG & POLONY	R25-00
TOASTED EGG & VIENNA	R25-00
TOASTED EGG & SPICE BEEF	R28-00

Burgers served with mayo, tomato sauce, salads & braised onion

Fillet Chicken Burgers	
CHICKEN BURGER WITH CHIPS	R45-00
CHICKEN BURGER WITH EGG	R45-00
CHICKEN BURGER WITH CHEESE	R45-00
CHICKEN BURGER WITH EGG CHIPS	R50-00
CHICKEN BURGER WITH EGG, CHEESE	R50-00
CHICKEN BURGER WITH CHIPS, CHEESE	R50-00
CHICKEN BURGER WITH CHIPS & PINEAPPLE (HAWAIIN)	R50-00
CHICKEN BURGER, EGG, CHEESE & CHIPS (Decoder)	R55-00

Mini steak (Patty Burgers)

BURGER-WITH CHIPS & SALADS	R45-00
BURGER -WITH EGG & SALADS	R45-00
BURGER-WITH CHEESE & SALAD	R45-00
BURGER- WITH EGG, CHIPS & SALAD	R50-00
MINI STEAK, EGG CHEESE & SALAD	R50-00
MINI STEAK, CHEESE, CHIPS & SALAD	R50-00
MINI STEAK & CHIPS EGG CHIPS CHEESE & SALAD	R50-00
MINI STEAK, EGG, CHEESE & CHIPS & SALADS (Decoder)	R53-00
TOASTED MINI STEAK WITH CHIPS & SALAD	R43-00

Salomies

STEAK SALOMIE (WITH ONION SALAD)	R55-00
CHICKEN SALOMIE (WITH ONION SALAD)	R55-00
MINCE SALOMIE & ROTI	R55-00
MIX SALOMIE (STEAK & BEANS)	R55-00
BEANS SALOMIE	R50-00
VEGETABLE SALOMIE (WITH ONION SALAD)	R50-00

Curry & Rice

STEAK CURRY & RICE (WITH ONION SALAD)	R55-00
CHICKEN CURRY & RICE (WITH ONION SALAD)	R55-00
MINCE CURRY & RICE	R55-00
VEGETABLE CURRY & RICE (WITH ONION SALAD)	R50-00
BEANS CURRY & RICE	R50-00
CURRY ONLY	R59-00
RICE ONLY	R15-00
FRIED ROTI	R15-00
BUNNY CHOW (1/4)	R45-00

Separate Curry & Rice/Roti

STEAK with onion salads	R70-00
CHICKEN with onion salads	R70-00
VEGETABLE with onion salads	R60-00
BEANS with onion salads	R60-00

Breakfast Platters served all day

served with chips, salad & toast

EARLY BIRD- 2 EGGS with Vienna or polony or spice beef & coffee	R43-00
BREAKFAST PLATTER 1 sausage, Vienna, polony & egg	R60-00
BOEREWORS PLATTER 2 pieces sausage & egg	R60-00
STEAK PLATTER tender steak, egg & braised onion	R60-00
CHICKEN/CHEESE OMELETTE	R60-00
INDIAN OMELETTE served with toast only	R30-00

Salads

CHICKEN	R45-00
TUNA	R45-00

SAVOURIES & SNACKS (Home Made)

SAMOOSAS- Mince/ Chicken/ Potato/ Cheese	R 4-20
PIES- Pepper Steak/ Mince/ Chicken	R 7-30
PIES- Pepper Steak/ Steak & Kidney/ Chicken	R25-30
MINI PIZZA- Chicken	R 7-90
CHILLI BITE / DALTIJES	R 3-90
SAUSAGE ROLL - MUTTON	R 9-70
HALF-MOONS - Steak/ Chicken	R 7-30
TORTILLAS - Steak/ Chicken	R11-90
DOUGHNUTS & KOEKSISTERS	R 4-30
JUMBO MUFFINS	R14-30